

Coptis (*Coptis chinensis*)

Common Names: Coptidis, coptis rhizome and Chinese goldthread.

Location: This herb is located in China.

Description: The root of the Coptis herb is used medically.

Properties: Coptis is known for containing the chemical berberrine.

Uses: Use coptis to treat cancer, eye disorders, osteomyelitis, tuberculosis, parasitic infections and atherosclerosis.

Doses: You can find this herb in capsule, ointments, tincture and powder form.

Warnings: Be careful with dosage amounts. Minute doses of coptis will increase blood pressure while larger doses will result in decreased blood pressure. Large amounts of coptis will cause drowsiness.