

Morinda (*Morinda citrifolia*, *Morinda officinalis*)

Common Names: Noni, ba ji tian.

Location: This herb can be found in Australia, Polynesia and Malaysia.

Description: The roots of morinda are used medicinally.

Properties: This herb has many uses in the reproductive field like treating impotence and menstrual problems and increasing fertility.

Uses: Use morinda to treat depression, menstrual problems and rheumatoid arthritis.

Doses: This herb is available in tea and capsule form.