

**FROM THE COLLEGE AND CAREER READY STANDARDS
TO TEACHING AND LEARNING IN THE CLASSROOM:
A SERIES OF RESOURCES FOR TEACHERS**

FUNDAMENTALS OF LEARNING

AUTHORS:

MARGARET HERITAGE, BARBARA JONES, GLORY TOBIASON, SANDY CHANG, AND JOAN HERMAN

National Center for Research on Evaluation, Standards, and Student Testing
University of California, Los Angeles
Graduate School of Education & Information Studies



Updated February 2015

Copyright © 2014 The Regents of the University of California

The work reported herein was supported by grant number #S283B050022A between the U.S. Department of Education and WestEd with a subcontract to the National Center for Research on Evaluation, Standards, and Student Testing (CRESST).

The findings and opinions expressed in this publication are those of the authors and do not necessarily reflect the positions or policies of CRESST, WestEd, or the U.S. Department of Education.

ORGANIZATION

| | |
|--|----|
| INTRODUCTION | 3 |
| FRAMEWORK | 4 |
| INSIGHTS INTO THE FUNDAMENTALS | 5 |
| IN PRACTICE | 7 |
| REPRESENTATIVE TOUCH POINTS (WITH THE CCSS)..... | 11 |
| DISCUSSION TOOL | 14 |
| FOL MENU..... | 16 |
| BACKGROUND READING | 17 |

INTRODUCTION

This resource is part of a series produced by the Center for Standards and Assessment Implementation (CSAI) to assist teachers and those who support teachers to plan teaching and learning from College- and Career-Ready Standards (CCRS) for diverse learners. This resource uses the Common Core State Standards (CCSS; National Governors Association Center for Best Practices, Council of Chief State School Officers, 2010) as an example of CCRS. This publication provides a framework, the Fundamentals of Learning (FOL), to assist teachers in transitioning to the classroom practices called for in the CCRS.

The content of this resource is drawn from leading theory and research about learning and assessment and from an examination of the CCSS. A section on background reading is included at the end.

Since it is the students who actually DO the learning, this resource focuses on three fundamental aspects of learning that underpin classroom practice for K-12 students' attainment of the CCRS.

The Fundamentals are:

- (1) Making Meaning
- (2) Participating and Contributing
- (3) Managing Learning

Future resources will address how teachers can use the FOL framework to plan lessons from the CCRS that enable students to successfully engage in these Fundamentals of Learning and reach the high expectations that have been established by the standards.

Acknowledgement:

We thank the Ministry of Education, New Zealand, for permission to draw from their resources for teachers.

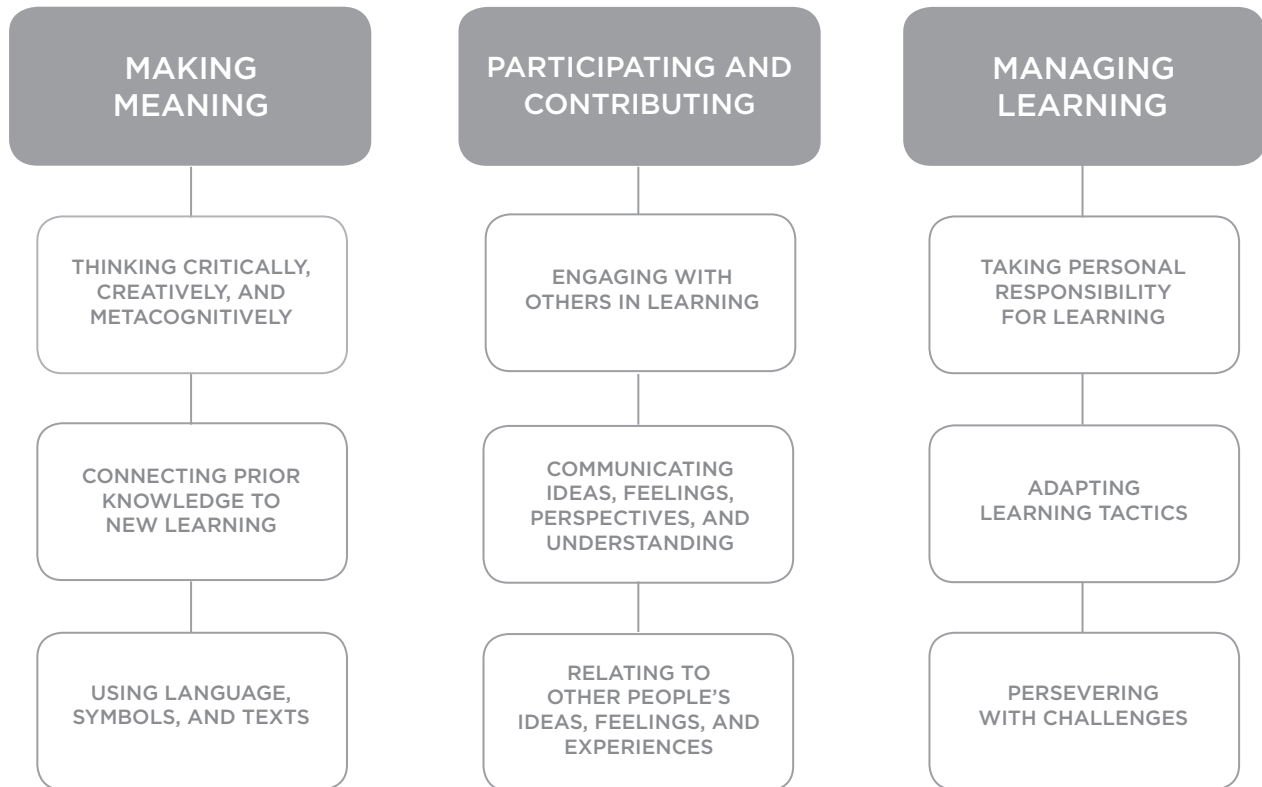
FRAMEWORK

The Fundamentals of Learning are the means through which learners achieve the Content Standards during their daily learning opportunities in the classroom. Because of this, they have implications for all aspects of planning and teaching, including content, learning activities and tasks, resources, language used, the role that both students and teachers take in the learning process, and the culture of the classroom. The graphic below shows the integrated nature of the Fundamentals in student learning.



INSIGHTS INTO THE FUNDAMENTALS

Three main components of each Fundamental are shown below:



MAKING MEANING

Meaning making refers to the process of making sense of information, experiences, and ideas through the use of creative, critical, and metacognitive thinking skills. When students employ these thinking skills, they are able to evaluate information, reason, solve problems, analyze and construct arguments, make decisions, and regulate their own learning.

When students are engaged in meaning making, they draw on their prior knowledge by asking themselves what they already know about a topic or concept and how this knowledge connects to what they are currently learning. They activate this knowledge as the basis for creating new knowledge.

Students also make meaning of the codes in which knowledge is expressed – language, symbols, and texts. Languages and symbols are systems for representing and communicating information, experiences, and ideas. People use languages and symbols to produce text of all kinds: written, oral/aural, and visual; informative and imaginative; informal and formal; mathematical, scientific, and technological.



PARTICIPATING & CONTRIBUTING

Engaging with others in learning involves working cooperatively to acquire information, share and discuss ideas and interpretations, and obtain feedback. Participating in and contributing to learning communities allows students to see learning as a co-constructed process in which mistakes are understood as potentially valuable opportunities for further learning. As students explain, clarify, and critique their own and others' ideas, their cognitive engagement increases and they develop a sense of belonging and shared responsibility for learning.

The depth and quality of student learning is greatly influenced by the capacity and opportunity to effectively communicate ideas, feelings, perspectives, and understanding. Additionally, the learning community is enriched and made more relevant as students contribute their personal experiences. Through thoughtful, extended discourse, by making suggestions, and by expressing their opinions and understanding, students actively participate in their learning and the learning of others.

Student learning is enhanced when students are able to interact effectively with a diverse range of people, in a variety of contexts, through various modes of communication. By listening to others, by reading what others have written, by observing others, and by being open to others' viewpoints, students can develop empathy and benefit from learning that may be outside their own experience.



MANAGING LEARNING

Managing learning involves self-direction and taking initiative. In the process of managing their learning, students see themselves as active, capable learners who can make sense of, take risks with, and work on increasingly complex problems. When working with others, they know when to lead, when to follow, and when and how to act independently.

Students who manage themselves are mindful, resourceful, reliable, and resilient. They establish personal goals, make plans, monitor progress, and adapt their learning tactics when they need to do so.

They have strategies for meeting challenges and gain satisfaction from persevering to meet the high expectations they set for themselves.



IN PRACTICE

WHAT WOULD THE LEARNING FUNDAMENTALS LOOK LIKE IN CLASSROOM PRACTICE?

Below are some indicators of what the Fundamentals of Learning might look like in practice.

As you prepare to implement the College- and Career-Ready Standards, use these indicators to reflect on your own practice and think about what you do well and what you might need to strengthen.

STUDENTS ARE LIKELY TO:

- Ask questions of themselves, the teacher, and others
- Take time to think
- Tackle real and interesting problems and devise solutions
- Reason and justify thoughts
- Draw on personal knowledge and experience

MAKING
MEANING

- Take an active role in the processes of learning
- Give thoughtful, extended answers
- Contribute to and benefit from the learning of others
- Discuss and explore ideas
- Gain insights from others' similarities and differences
- Work in groups of different sizes and compositions and with various individuals
- Cooperate and take the lead as appropriate in groups
- Feel able to make suggestions

PARTICIPATING AND
CONTRIBUTING

- Be interested in their learning
- Show perseverance in learning
- Be reflective about their own learning
- Be (or become) confident in learning
- Be resourceful about learning
- Take risks
- Learn from mistakes

MANAGING
LEARNING

TEACHERS ARE LIKELY TO:

- Make connections between new and prior learning
 - Integrate assessment and instruction
 - Alter and adapt plans in response to learners
 - Revisit learning plans with students
 - Balance teaching approaches (didactic and student-initiated; practical and theoretical)
 - Allocate sufficient time for deep learning
-
- Structure the classroom for participation
 - Engage in sustained discourse with students
 - Show themselves as learners
-
- Be sensitive observers of their students
 - Assist students to monitor their own learning
 - Provide feedback to students
 - Be willing to make changes
 - Work collaboratively with colleagues



CONTENT IS LIKELY TO:

- Align to the CCRS
 - Be comprehensible
 - Draw on authentic contexts—related to things that are happening in the local and global community
 - Relate to students' existing knowledge and experience
 - Broaden and deepen students' learning
-
- Be seen by students as relevant
 - Enable students to find personal expression
 - Sustain students' interest
-
- Be (or become) interesting to students
 - Help students make connections within and across standards
 - Meet students' present and prospective needs



RESOURCES ARE LIKELY TO:

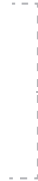
- Come from a range of resources: local, national and global
- Draw on diverse perspectives and forms of communication
- Include a range of media

- Be sourced not only by teachers, but also by students, parents, community members, and others
- Encourage collaboration
- Be shared among students

- Be perceived as relevant and useful
- Expand students' approaches to learning



MAKING
MEANING



PARTICIPATING AND
CONTRIBUTING



MANAGING
LEARNING

ACTIVITIES AND TASKS ARE LIKELY TO:

- Take students into real, authentic contexts
- Be purposeful and worthwhile
- Have high cognitive demand for all students
- Lead to deep learning
- Engage students' interest

- Be for both individuals and groups

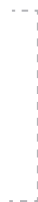
- Allow for differences
- Be flexible and adaptable
- Be dynamic—activities that lead to and generate other activities unforeseen
- Include student reflection



MAKING
MEANING



PARTICIPATING AND
CONTRIBUTING



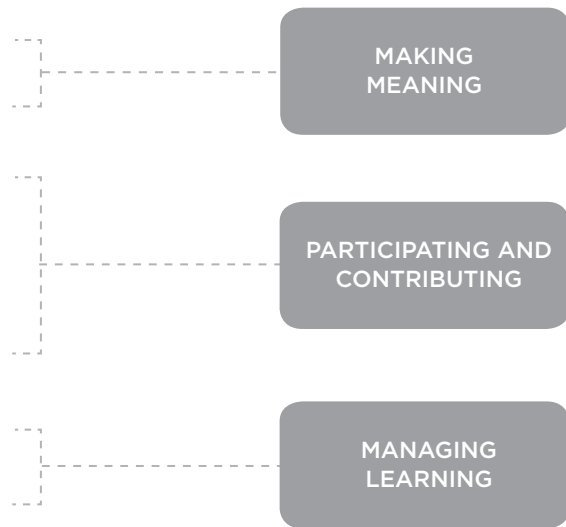
MANAGING
LEARNING

THE CLASSROOM CULTURE IS LIKELY TO:

- Focus on learning
- Generate inquiry and new ideas

- Feel like a place where students have a say
- Encourage questions, contributions, suggestions, and learning from mistakes and successes
- Enable risk taking
- Value every students' contribution

- Embrace flexibility
- Support reflection

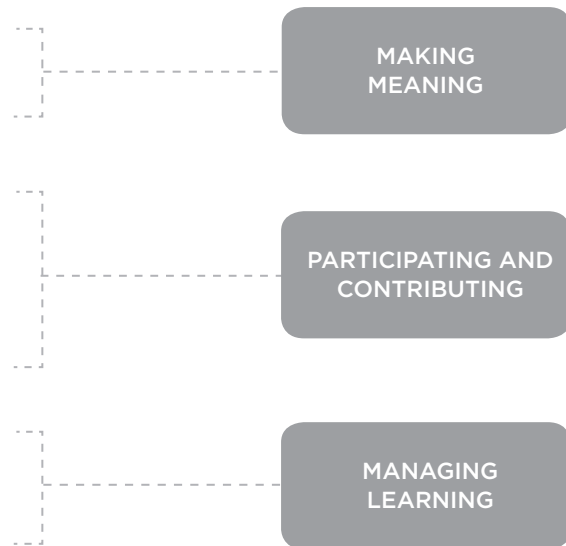


LANGUAGE IS LIKELY TO:

- Focus attention on thinking in the content areas
- Be used in extended discourse

- Invite students to participate in learning
- Reflect the routines and norms of the learning community
- Be used for resolution of disagreements and acknowledgement

- Be used in internal regulation
- Be used for communicating intentions, for negotiation, and expressing learning processes



REPRESENTATIVE TOUCH POINTS WITH THE CCSS

The Fundamentals of Learning are represented in the CCSS documents. In the ELA standards documents, the connections between the fundamentals and the standards can be clearly found in the section “a portrait of students who meet the standards” (p. 7), as well as in the anchor and grade level Content Standards. In mathematics, the fundamentals clearly are reflected in the Mathematics Practice Standards (pp. 6-8). These sections of the CCSS documents frame the process of students’ achieving the Content Standards.

The representative touch points listed here present some main ways in which the CCSS are reflected in the Fundamentals of Learning. Below are excerpts from the CCSS documents (www.corestandards.org) organized by learning fundamental.

MAKING MEANING

Students who are *Making Meaning* in English Language Arts:

- Question an author’s or speaker’s assumptions and premises and assess the veracity of claims and the soundness of reasoning (PS4)¹
- Employ technology thoughtfully to enhance their reading, writing, speaking, listening, and language use (PS6)
- Read literature representative of a variety of periods, cultures, and worldviews (PS7)
- Delineate and evaluate the argument and specific claims in a text, including the validity of the reasoning as well as the relevance and sufficiency of the evidence (CCRA.R.8)²
- Draw evidence from literary or informational texts to support analysis, reflection, and research (CCRA.W.9)³
- Evaluate a speaker’s point of view, reasoning, and use of evidence and rhetoric (CCRA.SL.3)⁴

Students who are *Making Meaning* in Mathematics:

- Create a coherent representation of the problem at hand (MP3)⁵
- Attend to the meaning of quantities, not just how to compute them (MP3)
- Routinely interpret their mathematical results in the context of the situation and reflect on whether the results make sense (MP4)
- Know that technology can enable them to visualize the results of varying assumptions, explore consequences, and compare predictions (MP5)
- Examine claims and make explicit use of definitions (MP6)
- Step back for an overview and shift perspective (MP7)
- See complicated things, such as some algebraic expressions, as single objects or as being composed of several objects (MP7)

PARTICIPATING AND CONTRIBUTING

Students who are *Participating and Contributing* in English Language Arts:

- Independently discern a speaker’s key points, request clarification, and ask relevant questions (PS1)
- Listen attentively (PS2)
- Share their knowledge through writing and speaking (PS2)
- Adapt their communication in relation to audience, task, purpose, and discipline (PS3)
- Make their reasoning clear, and constructively evaluate others’ use of evidence (PS5)
- Actively seek to understand other perspectives and cultures (PS7)
- Communicate effectively with people of varied backgrounds (PS7)
- Evaluate other points of view critically and constructively (PS7)
- Prepare and participate effectively in a range of conversations and collaborations with diverse partners, building on others’ ideas and expressing their own clearly and persuasively (CCRA.SL.1)

Students who are *Participating and Contributing* in Mathematics:

- Understand the approaches of others to solving complex problems (MP1)
- Justify their conclusions, communicate them to others, and respond to the arguments of others (MP3)
- Explain a flaw in an argument (MP3)
- Listen or read the arguments of others, decide whether they make sense, and ask useful questions to clarify or improve the arguments (MP3)
- Communicate precisely to others and use clear definitions in discussion with others and in their own reasoning (MP6)
- Give carefully formulated explanations to each other (MP6)

MANAGING LEARNING

Students who are *Managing Learning* in English Language Arts:

- Become self-directed learners (PS1)
- Seek out and use resources to assist learning (PS1)
- Read purposefully and listen attentively (PS2)
- Set and adjust purpose for reading, writing, speaking, listening, and language use as warranted by the task (PS3)
- Tailor online searches to acquire useful information efficiently (PS6)
- Select and use technological tools and mediums best suited to their communication goals (PS6)
- Demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression (CCRA.L.6)⁶

Students who are *Managing Learning* in Mathematics:

- Monitor and evaluate progress and change course if necessary (MP1)
- Plan a solution pathway rather than simply jumping into a solution attempt (MP1)
- Continually ask, “Does this make sense?” (MP1)
- Persevere in solving problems (MP1)
- Explain to themselves the meaning of a problem and look for entry points to its solution (MP1)
- When solving a problem, maintain oversight of the process, while attending to the details (MP8)
- Continually evaluate the reasonableness of their intermediate results (MP8)

¹ PS refers to Portrait of Students meeting the standards; and the number refers to the idea’s order of appearance in the section of the CCSS document.

² CCRA refers to Career Readiness Anchor Standards; R refers to Reading; and the number refers to the standard number from which the text was excerpted.

³ W refers to Writing.

⁴ SL refers to Speaking and Listening.

⁵ MP refers to the Math Practice standards; the number refers to the standard number from which the text was excerpted.

⁶ L refers to Language.

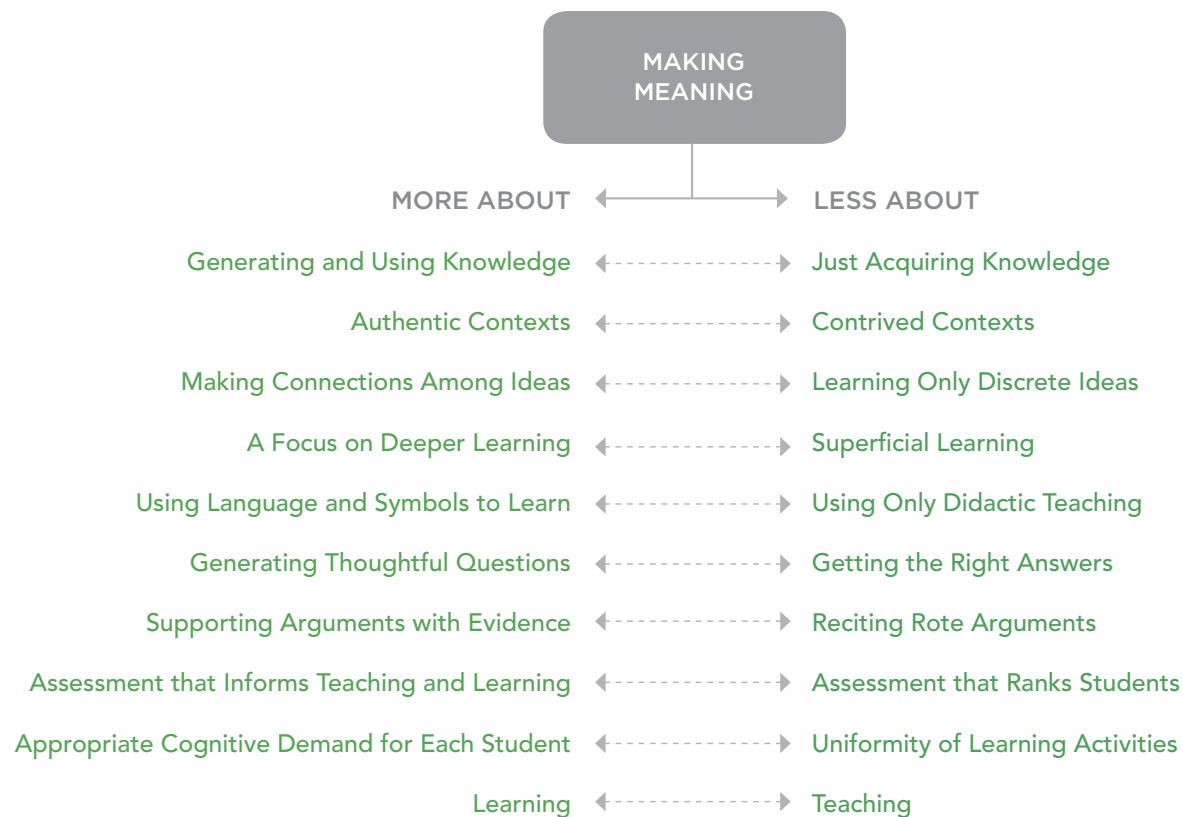
DISCUSSION TOOL

This tool is for use by teachers and by those who support teachers for reflection and discussion. The figures below represent a continuum of teacher practices. The left columns (“More About”) reflect practices that embody principles from the Fundamentals of Learning. The right columns (“Less About”) may occur in classrooms at any given time, but they should not be the main practices found in classrooms.

Derived from the Fundamentals of Learning, this discussion tool highlights the emphases needed in classroom practice to implement the CCRS effectively.

The purpose of this tool is for teacher self-reflection and is not intended to evaluate teaching practices. Here are some questions for you to think about as you use this tool:

- *Is my classroom practice consistent with the “more about” column?*
- *In what ways?*
- *How does it differ?*
- *What might I need to work on in preparation for implementing the CCRS?*



PARTICIPATING AND CONTRIBUTING

MORE ABOUT ← → LESS ABOUT

- Decision-Making by Students and Teacher ← → Decision-Making Only by Teacher
- Teacher- and Student-Initiated Learning ← → Entirely Teacher-Initiated Learning
- Collaboration with Others ← → Exclusively Individual Learning
- Valuing All Perspectives ← → Tolerating Other Perspectives
- Thoughtful Responses ← → Race to the Answer
- Teacher as Mediator or Participant in Conversations ← → Teacher as Lecturer
- Relevant Content ← → Content Not Relevant to Students
- Reflecting On and Learning from Mistakes ← → Avoiding Mistakes
- Intellectual Curiosity and Risk-Taking ← → Rigid or Overly Scripted Lessons

MANAGING LEARNING

MORE ABOUT ← → LESS ABOUT

- Learning to be a Life-Long Learner ← → Learning for the Here and Now
- Developing the Capacity to Learn ← → Storing Existing Knowledge
- Adapting to Unknown Situations ← → Focusing on Immediate Concerns
- Students Recognizing Mastery/Success ← → Teacher Declaring Mastery/Success
- Students Articulating their Learning Status ← → Teacher as the Sole Expert on What Students Know
- Reflecting on Learning ← → "Checking a Box" and Moving On
- Valuing Generative Struggle and Confusion ← → Avoiding Cognitive Struggle

FOL MENU

This FOL Menu includes all the FOL indicators listed in the “In Practice” section of this resource. This menu is intended to help teachers easily access the FOL indicators while they design or review lessons. The indicators are grouped together in the FOL Menu by: classroom culture, language, student, teacher, content, resource, and activity and task.

Classroom Culture

- Classroom culture focuses on learning
- Classroom culture generates inquiry and new ideas
- Classroom culture feels like a place where students have a say
- Classroom culture encourages questions, contributions, suggestions, and learning from mistakes and successes
- Classroom culture enables risk taking
- Classroom culture values every students' contribution
- Classroom culture embraces flexibility
- Classroom culture supports reflection
- Language is used in internal regulation

Language

- Language focuses attention on thinking in the content areas
- Language is used in extended discourse
- Language invites students to participate in learning
- Language reflects the routines and norms of the learning community
- Language is used for resolution of disagreements and acknowledgement
- Language is used for communicating intentions, for negotiation, and expressing learning processes

Students

- Students ask questions of themselves, the teacher, and others
- Students take time to think
- Students tackle real and interesting problems and devise solutions
- Students reason and justify thoughts
- Students discuss and explore ideas
- Students draw on personal knowledge and experience
- Students contribute to and benefit from the learning of others
- Students feel able to make suggestions
- Students gain insights from others' similarities and differences
- Students take an active role in the processes of learning
- Students give thoughtful, extended answers
- Students work in groups of different sizes and compositions and with various individuals
- Students cooperate and take the lead as appropriate in groups
- Students are interested in their learning
- Students are reflective about their own learning
- Students are (or become) confident in learning
- Students take risks
- Students learn from mistakes
- Students show perseverance in learning
- Students are resourceful about learning

Teachers

- Teacher makes connections between new and prior learning
- Teacher integrates assessment and instruction
- Teacher alters and adapt plans in response to learners
- Teacher revisits learning plans with students
- Teacher balances teaching approaches (didactic and student-initiated; practical and theoretical)
- Teacher allocates sufficient time for deep learning
- Teacher structures the classroom for participation
- Teacher engages in sustained discourse with students
- Teacher shows herself as a learner
- Teacher is a sensitive observer of her students
- Teacher is willing to make changes
- Teacher assists students to monitor their own learning
- Teacher provides feedback to students
- Teacher works collaboratively with colleagues

Content

- Content aligns to the CCRS
- Content draws on authentic contexts—related to things that are happening in the local and global community
- Content is comprehensible
- Content relates to students' existing knowledge and experience
- Content broadens and deepens students' learning
- Content is seen by students as relevant
- Content enables students to find personal expression
- Content sustains students' interest
- Content helps students make connections within and across standards
- Content meets students' present and prospective needs
- Content is (or becomes) interesting to students

Resources

- Resources come from a range of resources: local, national and global
- Resources draw on diverse perspectives and forms of communication
- Resources include a range of media and representations
- Resources are sourced not only by teachers, but also by students, parents, community members, and others
- Resources encourage collaboration
- Resources are shared among students
- Resources are perceived as relevant and useful
- Resources expand students' approaches to learning

Activities and Tasks

- Activities and tasks take students into real, authentic contexts
- Activities and tasks are purposeful and worthwhile
- Activities and tasks have high cognitive demand for all students
- Activities and tasks lead to deep learning
- Activities and tasks engage students' interest
- Activities and tasks are for both individuals and groups
- Activities and Tasks allow for differences
- Activities and Tasks are flexible and adaptable
- Activities and Tasks are dynamic—activities that lead to and generate other activities unforeseen
- Activities and Tasks include student reflection

BACKGROUND READING

Bunch, G. C., Kibler, A., & Pimental, A. (2012). Realizing opportunities for English learners in the common core English language arts and disciplinary literacy standards. In K. Hakuta & M. Santos (Eds.), *Understanding language: Commissioned papers on language and literacy issues in the Common Core State Standards and Next Generation Science Standards* (pp. 1-16). Palo Alto, CA: Stanford University.

Dweck, C. S., & Elliott, E. S. (1983). Achievement motivation. In P. H. Mussen (Series Ed.) & E. M. Hetherington (Vol. Ed.), *Handbook of child psychology: Vol. 4. Socialization, personality, and social development* (4th ed., pp. 643-691). New York, NY: Wiley.

Green, J., & Luke, A. (Eds.) (2006). *Rethinking learning: What counts as learning and what learning counts [Special issue]*. *Review of Research in Education*, 30(1).

González, N., Moll, L. C., & Amanti, C. (2005). *Funds of knowledge: Theorizing practices in households, communities, and classrooms*. New York, NY: Routledge.

Hattie, J. (2009). *Visible learning: A synthesis of over 800 meta-analyses relating to achievement*. New York, NY: Routledge.

Moschkovich, J. (2012). Mathematics, the common core and language: Recommendations for mathematics instruction for ELLs aligned with the common core. In K. Hakuta & M. Santos (Eds.), *Understanding language: Commissioned papers on language and literacy issues in the Common Core State Standards and Next Generation Science Standards* (pp. 17-31). Palo Alto, CA: Stanford University.

National Research Council. (2000). *How people learn: Brain, mind, experience, and school*. Washington, DC: National Academy Press.

National Research Council. (2001). *Knowing what students know: The science and design of educational assessment*. Washington, DC: National Academy Press.

National Research Council. (2012). *Education for life and work: Developing transferable knowledge and skills in the 21st Century*. Washington, DC: National Academy Press.

Quinn, H., Lee, O., Kibler, A., & Valdés, G. (2012). Language demands and opportunities in relation to next generation science standards for English language learners: What teachers need to know. In K. Hakuta & M. Santos (Eds.), *Understanding language: Commissioned papers on language and literacy issues in the Common Core State Standards and Next Generation Science Standards* (pp. 44-51). Palo Alto, CA: Stanford University.

Rothman, R. (2012, July/August). Nine ways the Common Core will change classroom practice. *Harvard Education Letter*, 28(4), 1-2. Retrieved from <http://hepg.org/hel/article/543>

Sawyer, R. K. (Ed.). (2006). *The Cambridge handbook of the learning sciences*. New York, NY: Cambridge University Press.

Schraw, G., & Robinson, D. R. (Eds.). (2011). *Assessment of higher order thinking skills*. Charlotte, NC: Information Age Publishing.

Schunk, D. H., & Zimmerman, B. J. (1998). *Self-regulated learning: From teaching to self reflective practice*. New York, NY: The Guilford Press.