

Walmart 11th Hour Checklist

Please take a moment to understand how this checklist is laid out:

- Supplies are separated by departments (i.e., Grocery, Pharmacy, Hardware, etc.) with subsections for some departments (i.e., the Hardware department includes the following subsections: General Hardware, Hand Tools, and Camping Equipment) as necessary.
- All supplies under each subsection are listed in alphabetical order for convenience only; recommended supplies are listed first.
- Optional items are shown after all recommended items (at the end of each subsection) and are preceded with the following declaration: [Optional].
- A few items are listed that only some readers may have need for such as those with infants who would, consequently, need diapers and wet wipes; these items are also listed after all recommended items and are preceded with the following declaration: [If Necessary].
- Unless otherwise specified, quantities listed are for one box, one package, one bottle, one tube, one roll... you get the idea... adjust quantities as you see fit.
- Examples and brand name products are included as I see fit and are shown in square brackets after the item description, like this: [Folgers]. These should not be considered product endorsements whatsoever. Additionally, some brand name products may not be sold at Walmart.
- Supplemental supplies that may likely be found at your local Home Depot are identified with a double asterisk (**). Moreover, you will certainly find a larger selection of hardware and hand tools at Home Depot than at Walmart; consider this fact as they may be of better quality and more readily available as well.

If this truly is the 11th Hour: Bring as many adults as possible in multiple cars each with one or two shopping carts. Split up the list focusing on groceries and pharmacy supplies as other people are doing the same. Bring as much cash as you can since the front registers will not be able to accept credit or debit cards (and even checks) if the power is out.

Grocery & Household Essentials

<p><u>Groceries</u> (PURCHASE AS MUCH AS POSSIBLE!)</p> <ul style="list-style-type: none"> ○ Bouillon Cubes [Beef, Chicken] ○ Canned & Packaged Beans [Black, Kidney, Pinto, Baked, etc] ○ Canned & Packaged Gravies [Mushroom, Chicken, Turkey, etc] ○ Canned Chili [Hormel] ○ Canned Fruits [Fruit Cocktail, etc] ○ Canned Meats [Tuna, Albacore, etc] ○ Canned Soups [Clam Chowders, Beef Barley, Chicken Noodle, etc] ○ Canned Vegetables [Green Beans, Corn, Peas, etc] ○ Cereals ○ Coffee Packet Singles [Folgers] ○ Crackers [Saltines, Ritz] ○ Dry-Mixed Food Packets [Lipton Soup Mix, Instant Oatmeal, etc] ○ Fats and Oils [Vegetable Oil, Olive Oil] ○ Fresh Fruits [Apples, Oranges, etc] ○ Granola Bars [Nature Valley] ○ Hard Candies & Gum [Jolly Ranchers, Mints, Juicy Fruit] ○ Mashed Potato Flakes [Betty Crocker] ○ Packaged Dinner Sides [Knorr] ○ Packaged Noodles [Mac & Cheese, Ramen] ○ Pasta [Spaghetti, Elbow Macaroni, etc] ○ Pasta Sauce [Marinara, Alfredo, etc] ○ Peanut Butter [Jiffy] ○ Peanuts [Planters Mixed Nuts] ○ Powdered Drink Mix (Pre-sweetened) [Fruit Punch, Lemonade, Cocoa, etc] ○ Powdered Milk [Great Value] ○ Pretzels ○ Rice ○ Seasonings [Salt, Pepper] 	<p><u>continued...</u></p> <ul style="list-style-type: none"> ○ Sweeteners [Honey, Sugar, Creamer] ○ Tea Packet Singles [Lipton] ○ Trail Mix ○ Water [Gallon Jugs, Culligan 3 or 5 Gallon Jugs]; 2 gallons/person/day <p><u>Cleaning Supplies, Paper & Plastic</u></p> <ul style="list-style-type: none"> ○ Aluminum Foil, Heavy Duty [Reynolds]; 1-2 rolls ○ Bleach, Must NOT contain additives [Clorox]; 1-2 large bottles ○ Dish Soap [Palmolive, Ajax] ○ Dish Sponges [Scotch Brite]; pack of two or more ○ Disinfectant Cleaner [Lysol]** ○ Disposable Eating Supplies (Plates, Bowls, Cups, Utensils); dozens/person ○ Paper Towels and Napkins; several ○ Plastic Storage Bags (Gallon and Quart Sizes) [ZipLoc] ○ Toilet Paper [Charmin, Angel Soft]; dozens of rolls or more ○ Trash Bags, 13-gallon [Glad, Hefty]** ○ Trash Bags, 30-gallon [Glad, Hefty]** ○ [Optional] Dust Pan and Broom** ○ [Optional] Facial Tissue [Kleenex]; 1-2 boxes/person ○ [Optional] Plastic Wrap [Reynolds] <p><u>Pest Control</u></p> <ul style="list-style-type: none"> ○ Ant Bait Gel [Raid, Combat]** ○ Flea Spray** ○ Fly Swatter and Fly Tape** ○ Mouse/Rat Traps; several** ○ Roach Bait [Raid, Combat]** ○ Rodent Bait [D-con]** ○ Wasp Spray [Raid, Spectracide]**
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Pharmacy, Health & Beauty

WARNING: The following information should NOT be constituted as medical advice in any way. ALWAYS seek appropriate medical care whenever and wherever possible!! It's the smart thing to do.

Pharmacy - Wound Treatment

- Adhesive Bandages, Assorted Sizes [Band-Aid]; 1-2 boxes of each
- Adhesive Gauze Pads, Assorted Sizes [Band-Aid]; 2 or more boxes of each
- Antibacterial Ointment [Neosporin]
- Burn Gel [Water-Jel]
- Butterfly Closure Strips [Band-Aid]
- Disposable Gloves (Latex-free); box of 50 or more**
- Elastic Bandage, 3"; 1-2 bandages
- Gauze Rolls, Assorted Sizes; several
- Hand Sanitizer [Germ-X]; several
- Isopropyl Alcohol and Hydrogen Peroxide; 1-2 large bottles
- Moleskin
- Non-Adherent Gauze Pads, Assorted Sizes [Band-Aid]; 1-2 boxes of each
- Waterproof Adhesive Tape; 1-2 rolls
- [Optional] Eye Pads
- [Optional] Liquid Bandage [New-Skin]
- [Optional] Specialty Bandages (Knuckle, Finger-tip) [Band-Aid]

Pharmacy –Supplies and Equipment

- Digital Thermometer
- Disposable Thermometer Sleeves
- Face Masks, N-95/Surgical-grade; several/person**
- Instant Cold Packs; 1-2/person
- Petroleum Jelly [Vaseline]
- [Optional] Assorted Braces (Knee, Back, Ankle, etc)

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- [Optional] Blood Pressure Monitor
- [Optional] Earplugs, Disposable; several**
- [Optional] Stethoscope

Pharmacy - Medications

- Antacid/Anti-Gas [Maalox]
- Anti-Diarrheal [Imodium A-D]
- Anti-Fungal Cream [Clotrimazole]
- Antihistamine, Non-Drowsy [Sudafed]
- Anti-Itch Cream [Benadryl Topical]
- Cough Drops [Halls]
- Decongestant, Non-Drowsy [Sudafed]
- Expectorant [Mucinex]
- Eye Drops (for Dry Eyes) [Visine]
- Foot Powder [Gold Bond]
- Laxative/Stool Softener [Ex-Lax]
- Lip Balm [Blistex, Carmex]
- Nasal Spray (for Congestion) [Afrin]
- Pain Relief/Fever Reducer [Ibuprofen and Tylenol]; 1 large bottle of each
- Sun Block, Waterproof, SPF-30 or better [Coppertone]
- Sunburn Relief [Aloe]
- Topical Steroid [Hydrocortisone]
- [If Necessary] Child Pain Management [Children's Tylenol]
- [If Necessary] Prescription Medications (for you or dependents); 2-3 weeks supply if possible

<p><u>Health & Beauty</u></p> <ul style="list-style-type: none"> ○ Bar Soap [Dial, Dove]; several bars ○ Condoms; 1-2 boxes ○ Dental Floss; one/person ○ Feminine Pads; 1-2 boxes/female ○ Fluoride Rinse; 1-2 large bottles ○ Hand Soap [Equate]; several bottles ○ Magnifying Glass ○ Multi-Vitamins [Centrum]; one bottle/person ○ Temporary Dental Filling [Temparin] ○ Toothache Pain Relief [Anbesol] ○ Toothbrushes and Toothpaste ○ Wet Wipes; several packages** 	<p><u>continued...</u></p> <ul style="list-style-type: none"> ○ [If Necessary] Contacts and Solution ○ [If Necessary] Denture Supplies ○ [If Necessary] Glucose Tablets ○ [If Necessary] Hearing Aid Batteries ○ [If Necessary] Smoking-Cessation Gum ○ [Optional] Comb/Brush ○ [Optional] Deodorant ○ [Optional] Disposable Razors, Cream ○ [Optional] Hand Towels/Washcloths ○ [Optional] Hand/Body Lotion ○ [Optional] Nail Clippers ○ [Optional] Shampoo ○ [Optional] Tweezers
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Electronics

<ul style="list-style-type: none"> ○ Alkaline Batteries, AA and AAA [Duracell, Energizer]; dozens of each** ○ AM/FM Radio, Battery-Powered** ○ NOAA Weather Radio [Midland] ○ Other Batteries (C, D, 9-volt) [Duracell, Energizer]; as needed** 	<ul style="list-style-type: none"> ○ [Optional] Disposable Camera [Fuji] ○ [Optional] GMRS/FRS Radios [Cobra] ○ [Optional] Rechargeable AA Batteries [Energizer]; several** ○ [Optional] USB Drive, 4GB [Sandisk]
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Automotive

<ul style="list-style-type: none"> ○ Antifreeze** ○ Funnels; 2-3 or more** ○ Gas Cans, 5-gallon; 4 or more cans** ○ Jumper Cables; one set/vehicle ○ Motor Oil; one case ○ Power Inverter ○ Tire Sealant [Fix-A-Flat]; one/vehicle ○ Windshield Washer Fluid 	<ul style="list-style-type: none"> ○ [Optional] Car Jack and Jack Stands** ○ [Optional] Fuel Stabilizer [Stabil]** ○ [Optional] RV Toilet Treatment Tablets; 2-3 packages ○ [Optional] Siphon Hose** ○ [Optional] Siphon Stopper ○ [Optional] Straps/Tie Downs** ○ [Optional] Tire Plug Kit
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Lawn & Garden

<ul style="list-style-type: none"> ○ Patio Solar Lights; several** ○ Propane BBQ Grill and Equipment** ○ Propane Tank, Large; 2 or more** ○ Shovel, Large** ○ Trash Cans, 32 Gallon or Larger** 	<ul style="list-style-type: none"> ○ [Optional] Chainsaw, Gas [Stihl]** ○ [Optional] Fire Logs [Duraflame]** ○ [Optional] Insecticide, Pre-mixed** ○ [Optional] Snow Shovel**
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Home Improvement

General Hardware

- Carbon Monoxide Detector, Battery-Operated [Kidde]; one/level of home**
- Duct Tape; 1-2 rolls**
- Emergency Power Failure Light
- Epoxy, General Purpose**
- Fasteners, Assorted (Nails, Screws)**
- Fast-Setting Glue [Super Glue]**
- Fire Extinguishers, ABC Style [Kidde]; at least one/level of home**
- Flashlights, LED style preferred [Maglite]; one/person**
- Headlamp Light; one/adult**
- Insulating Foam [Great Stuff]
- Multi-Purpose Glue [Gorilla Glue]**
- Plastic Sheeting, 4-6 mils; 1-2 rolls**
- Smoke Alarms, Battery-Operated [Kidde]; at least one/level of home**
- Strike-on-Box Matches; 1-2 boxes**
- Tarp, General Purpose Rip-Stop, 8'x10' at minimum; 2+ tarps**
- Utility Rope/Twine, Assorted Sizes**
- Window/Door Alarms; one/window
- Wire/Zip Ties, Assorted Sizes**
- [Optional] Caulk Gun and Caulking [Liquid Nails]; 1-2 tubes**
- [Optional] Chain and Padlock**
- [Optional] Cheesecloth; 2-3 packages
- [Optional] Clothesline, Clothespins**
- [Optional] Door Security Bar [Master Lock]; one/exterior door**
- [Optional] Door Chain, Heavy-duty**
- [Optional] Electrical Tape**
- [Optional] Exterior Thermometer**
- [Optional] Lubricant [WD-40]**
- [Optional] Step Ladder, 6' or larger**
- [Optional] Surge Protector; 1-2 total**
- [Optional] Velcro Strapping**
- [Optional] Weather Stripping**
- [Optional] Window Screen**

Hand Tools

- Basic Tools (Hammer, Screwdrivers, Pliers, Wrench Set)**
- Handsaw and Hacksaw**
- Safety Glasses; one/adult**
- Staple Gun and Assorted Staples [Arrow, Stanley]**
- Steel Snips [Fiskars]**
- Toolbox and Tool Belt**
- Work Gloves; one/adult**
- [Optional] Bolt Cutters**
- [Optional] Plumbers Torch Kit**
- [Optional] Utility Knife**
- [Optional] Wrecking Bar**

Camping Equipment

- Camp Shower [Coghlans]
- Cooler, 50 quart or larger**
- Fixed-Blade Knife; one/adult
- Insect Repellent [Off!]; one/person**
- Insulated Thermos [Stanley]; one/adult
- Iodine Tablets [Potable Aqua]; several
- Lantern, Battery-Operated (LED style preferred) [Brunton]**
- Large Tent
- Magnesium Fire Starter
- Rain Poncho, Heavy-duty; 1/person**
- Sleeping Bags; one/person
- Water Container, Hard-Sided (6-7 gallon size or larger); one/adult
- Waterproof Matches; 1-2 boxes
- [Optional] Camp Grill Grate
- [Optional] Cyalume Light/Glow Sticks; several or more**
- [Optional] Dutch Oven
- [Optional] Kerosene Lantern and Fuel
- [Optional] Propane Space Heater
- [Optional] Water Container, Collapsible, 5-gallon; one/adult

Other Items

<p><u>Home and Office</u></p> <ul style="list-style-type: none"> ○ Sharpie Markers; 2+ markers** ○ Writing Supplies (Notepads and Pens) ○ [Optional] Fire Safe** <p><u>Sports & Fitness</u></p> <ul style="list-style-type: none"> ○ Bicycle Pump (with gauge) ○ Water Bottles; one/person ○ [Optional] Mountain Bicycles [Schwinn]; one/adult <p><u>Toys</u></p> <ul style="list-style-type: none"> ○ Board Games ○ Puzzles (Jigsaw, Crosswords, etc) ○ [Optional] Books/Novels ○ [Optional] Coloring Books and Crayons <p><u>Baby</u></p> <ul style="list-style-type: none"> ○ Electrolytes [Pedialyte]; several bottles ○ [If Necessary] Baby Blanket ○ [If Necessary] Baby Bottle and Liners; dozens of liners/baby ○ [If Necessary] Diaper Rash Ointment ○ [If Necessary] Disposable Diapers; 1-2 packages/baby ○ [If Necessary] Food, Formula or Baby Food; 2-3 weeks supply/baby ○ [If Necessary] Pacifier; 1-2/baby ○ [If Necessary] Wet Wipes; 1-2 packages/baby <p><u>Pets</u></p> <ul style="list-style-type: none"> ○ [If Necessary] Cat Litter; 1-2 bags ○ [If Necessary] Dog Waste Bags ○ [If Necessary] Leash and Collar ○ [If Necessary] Pet Carrier; one/pet ○ [If Necessary] Pet Food; 2-3 weeks/pet ○ [If Necessary] Toys 	<p><u>Kitchen & Dining</u></p> <ul style="list-style-type: none"> ○ Manual Can Opener ○ Tea Kettle ○ [Optional] Cast Iron Pan [Coleman] ○ [Optional] Dish Towels; several ○ [Optional] Kitchen Knife ○ [Optional] Oven Thermometer/Timer ○ [Optional] Vacuum Food Saver with additional rolls [Tilia Food Saver] ○ [Optional] Coffee Filters; 1-2 packs <p><u>Clothing/Shoes</u></p> <ul style="list-style-type: none"> ○ Gloves or Mittens [Gore-Tex]; one set/person ○ Jacket or Coat [Gore-Tex]; one/person ○ Shoes/Boots; one set/person ○ Stocking Cap; one/person ○ [Optional] Bandana; 1-2/person ○ [Optional] Hat/Ball Cap ○ [Optional] Long Underwear; one/each ○ [Optional] Sunglasses; one/adult** ○ [Optional] Wet Boots/Gaiters; one set/adult** <p><u>Crafts</u></p> <ul style="list-style-type: none"> ○ Safety Pins, Assorted Sizes ○ [Optional] Needle and Thread <p><u>Front Registers</u></p> <ul style="list-style-type: none"> ○ Basic Lighters [Bic]; several ○ Calling Card, 75 minutes or more; one/adult ○ Cash Back, \$200+ cash in assorted small bills and quarters** <p><u>Miscellaneous</u></p> <ul style="list-style-type: none"> ○ Bags of Ice; several large ○ Road Maps (local, national) [Rand McNally]; one set/vehicle**
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