

Family Crisis Survival

How To Prepare Your Family For A Crisis



Introduction

What will happen to your family when suddenly, something happens that will change everything?

A disaster like the fall of the US economy triggered by anything like a massive terrorist attack, political unrest, revolution or natural calamity is not a remote possibility. And if the economy collapses, it could take long before we can recover.

The result?

A huge international economic crisis like we've never experienced. We could be plunged into another Great Depression, but this time, the effects will be farther reaching and longer lasting.

The question is, are you prepared?

The sad reality is that many Americans take the concept of survivalism for granted. We have become so used to the comforts and convenience of our current way of life that we refuse to even imagine a situation where these things that we are so used to are no longer available!

What will happen when there's no more water from the tap? When there's no more food from the stores? When there's no gas in gas stations everywhere? When electricity's cut off? When your money can't buy you anything?

The current state of the US economy is the worst in history. It is in such a fragile situation that if a natural disaster strikes, this will trigger the collapse of the almighty dollar.

So make sure that you are prepared when the worst happens.

Read this report and find out how to increase your chances of survival when everything hits the fan.

Chapter 1 | The State of the US Economy

The US economy is weakening and a collapse of the US dollar is imminent when the 3 requirements are fulfilled. There are 3 conditions that must come into place before the US dollar contracts and these are:

1. there should be an underlying weakness
2. there should be an alternative to the dollar
3. there should be an event to trigger the collapse, it could either be an economic or political event



The first condition is already met...

Take a look at the following signs that the US dollar is becoming weaker and weaker:

- There's a 15% drop in dollar value from May of 2007 to late April of 2008. A big drop in the course of just one year. This big drop is caused mostly by the mortgage crisis and the amount of money the Federal Reserve needed to print to bail out the investment institutions.
- Since Obama took office, a record breaking number of foreclosure was filed, there was a huge drop in stock market value and the number of unemployed American doubled from 2.7 million to 5.4 million.
- The Obama administration created a stimulus program to restore economic stability in the form of more printing of money. This increased the value of the dollar from December 2008 to March 2009. The problem is, the stimulus failed to create more jobs.

- By April 2009, the dollar's value began to slide again, and the fact that the Federal Reserve was still inflating the supply of money didn't help. The stock market began to plunge and by December of 2009, the dollar dropped again by 16%. It was just lucky that the Euro began to falter around this time.
- The US government had just topped \$16 trillion, so very close to the \$16.4 trillion borrowing limit. By the end of 2012, the US Treasury Department suggests that the federal debt ceiling is likely to be reached. Once the limit is reached, the US can no longer borrow in excess of the statutory limit.

The precarious state of the US economy makes its sudden collapse very possible!

And the sudden occurrence of a huge natural disaster can bring the US dollar toppling.

Chapter 2 | The Possibilities Of A Natural Disaster

Have you noticed how natural disasters and strange weather circumstances are happening more frequently in more places?

There is a huge change happening in the environment and it's being felt globally. We are aware of these changes but being aware isn't enough for most of us to start taking action.

Closer to home, a number of these natural disasters have happened and are still happening...

- Category 3 Hurricane Katrina in 2005 was one of the most powerful and deadliest to hit the country. Hardest hit was La. New Orleans with an estimated 1,464 deaths, thousands left homeless, and billions of dollars in losses.
- In 2008, Hurricane Ike left at least 50 dead in Texas while thousands lost their homes



- In April 2011, 137 reported tornadoes swept through the southern states. The series of tornadoes left 300 people dead in 6 states.
- In May of 2011, Heavy rains flooded the Mississippi and Ohio River valleys forcing people in Arkansas, Illinois, Indiana, Missouri Kentucky and Tennessee to evacuate their homes.
- In May of 2011 still, a tornado hit Joplin, Mo and left at least 140 people dead and hundreds injured. Most of the city was destroyed.
- In March of 2012, several tornadoes and severe thunderstorms hit 17 states leaving 27 dead and hundreds injured.
- In April 2012, two huge tornadoes hit the Dallas-Fort Worth area, no less than 12 people are injured and houses were knocked down as well as power lines and tractor-trailers.
- In August of 2012, Hurricane Isaac battered the Gulf Coast forcing some 3000 people to evacuate Plaquemines Parish. If New Orleans was less prepared, worse could have happened than 600,000 residents losing power in Louisiana.

Natural Disasters Put Strain To The Already Ailing Economy...

Every time a natural disaster hits, it puts a strain to the already overstretched economy. If you're wondering just how much a devastating natural disaster costs the government, take a look at the following facts:

- Hurricane Katrina cost the US government more than \$125 billion in 2005
- Hurricane Ike cost the U.S. economy \$24.9 billion in 2008 for the damages it caused Texas, Louisiana, and Arkansas. Cattle ranchers reported losing about 4,000 animals and more than 11,000 workers became unemployed when businesses were lost.
- The 2011 series of tornadoes that hit the Southeast caused \$5 billion in damage.



- The Mississippi River flooding in 2011 was estimated to have caused \$2 Billion in damages and the US congress released \$802 Billion to the U.S. Army Core of Engineers for the identification and repair of the weakest areas.

The unpredictability of natural disasters makes them worse and their frequency is increasing at an alarming rate. Aside from natural catastrophes, the US government also worry about terrorism, political unrest, the declining number of available employment and a lot others.

Chapter 3 | What Would Happen?

It is a fact that an event like a natural disaster can trigger the collapse of the US economy. And what would happen if a natural disaster occurs and the US dollar suddenly collapsed?

When a major catastrophe hits due to natural circumstances, the following always happen:

- Lives are lost
- A great number of property is damaged or lost: homes, businesses, community buildings, etc.
- Food and water supplies become scarce
- Power is cut off
- Lots of people are stranded
- Communication is down

And if that disaster triggers the fall of the US dollar...

- help may be very slow in arriving
- everyone will panic and there'll be chaos: violent mobs will be taking to the streets looting and robbing other people; there'll be lawlessness in most crowded places
- the cost of food will skyrocket as the value of the dollar plummets, there's also the possibility of not being able to withdraw money or there won't be any food to buy
- desperate crowds may roam your area in search of food
- there may be no gas available from gas stations to fuel your car if you need to flee
- it could become difficult or even impossible to travel anywhere

When crisis suddenly strikes, a lot of people will realize that they are not prepared. That realization will cause them to panic and fail to rationalize. Not being able to think reasonably can cause people to become unpredictable and do desperate acts.

Normally, the government does everything to restore order and in cases when impending disasters are anticipated, they have ready measures to follow that can minimize the negative effects of the catastrophe.

However, with the unusually high number of disasters that happened in the past year plus other political and economic unrest, the strength of the government is significantly diminished. The government might be slower to react the next time a great crisis hits the country and help might not reach everyone.

This means that you should not rely too much on the government for the survival of your family.

It's time for you to assess how prepared you are. In the event of a natural disaster and economic collapse, can your family survive? Are you truly prepared?

Chapter 4 | How To Prepare

The U.S. economy no doubt is teetering on the edge and a massive natural disaster similar to Hurricane Katrina will be enough to bring it crashing down.

The US dollar is the current world reserve currency and its collapse, if it happens, can have a huge impact that will not only affect the U.S. but the whole world.

If the \$ collapses, a recession greater than that felt in 2008 will no doubt occur and it might even be worse. The U.S. might again be facing another Great Depression.

So how do you make sure that your family can survive?

Preparation. If you are properly and fully prepared, you increase your family's chance of survival. When a natural disaster strikes, there is never a certainty as to whether everyone will emerge unscathed. Still, there is an absolute need to prepare for the worst.

Right now, start securing your assets. Some of the things you can do include:

- paying off your debts
- diversifying your investments. Invest in foreign currencies and in precious metal like gold and silver
- convert your liquid savings into gold or silver
- learn transferrable job skills
- keep your documents (i.e. passports)

updated. This ensures that when the situation goes so bad that you need to move your family, you can do so fast.



These preparation tips can help keep you floating when the economy crashes.

To prepare for natural disasters, you must first be familiar with the types of disasters that may impact your location. If you are near the coastline, your area might be a favorite path for hurricanes or if an earthquake might hit, you might be in danger of being in the way of a tsunami.

Your local Red Cross chapter may be able to provide you with disaster preparation tips.

No matter what type of disaster your area is prone to, the essentials for survival will more or less be the same for every family. You should have water, food, medications, first aid kits and a survival kit you can simply grab and take with you if there's a need to evacuate.

Things You'll Need To Survive A Disaster And Economic Collapse That Might Lead To Depression

The following are the things you and your family will need to survive a disaster and economic collapse...

The Essentials

- **Food**

Storable food should be on top of your list. Whenever a crisis strikes, food is the first thing to go. Shelves in every store in the area will be emptied within minutes as panicked people rush to grab at anything they can.



If your family runs out of food, you will find yourself competing against scores of other hungry people who are looting stores and fighting over whatever available food there is. You can grow your own food of course but then in the event of a natural disaster, your garden could get damaged. Besides, even if you have a garden, you still need food to nourish your family as you wait for your plants to grow. You might also consider storing seeds because in the event of an economic crisis, seeds will disappear fast.

- **Water**

Potable water should also be top priority because without water, you could die in just a few days.

Start storing water in pet bottles. Store a gallon a day for each member of your family. Also, familiarize yourself with water sources near your area. You should be able to boil water if you need to. You must also add water purification materials in your list of things to store. There are ways to distill and purify water to make it potable. Be sure you learn this essential knowledge.



- **Medical Supplies And First Aid Kit**

Access to a hospital or doctor may be impossible once crisis hits. So make sure that you have a ready and reliable supply of medications and first aid kit in your family's survival store.

Personal Protection

- **Clothes**

Warm, functional clothing are necessary if you want your family to survive for long. Prepare according to your area's climate. If you're somewhere cold, store up on blankets and cold weather clothes; if you're location endures a lot of rain, then storing up on rain gears is practical.

If you need to be outdoors, be sure you and your family have something warm to protect your heads with. Freezing to death is one of the most possible causes of death in the event of economic collapse. Some people might even end up freezing to death in their own homes. Don't let this happen to your family.

- **Boots for hiking or comfortable shoes**

Shoes and hiking boots, these are things that people preparing for a crisis often overlook. These items are very critical though because there is a great possibility you will find yourself and your family needing to walk to wherever you need to go. Durable footwear that will last a long time is the kind you want to have at the ready because you won't be able to do some shoe shopping when your footwear gets worn out.

- **Personal hygiene**

You need to preserve your family's health and staying hygienic is one of the way you can do this. Store up on toilet paper, soap, toothbrushes, toothpaste and shampoo.

Having these items will also help preserve a sense of normalcy and the effects of the crisis can be eased a little.

- **Self-defense equipment**

When a disaster hits and the economy collapses, the ensuing chaos will make everyone unsafe. People will become violent due to desperation so be prepared to protect your family and survival supplies from others who might want to attack you and steal from you.



You might consider stocking up on stun guns, pepper sprays, knives or firearms and ammos. Keep in mind that your attackers will be armed as well, so be cautious. Aside from your family, no one else should learn that you are building a survival storage to keep from attracting attention.

Shelter

You might be in a situation where you will need to survive outdoors. In this case, you must have a ready shelter. If you don't have a tent, consider getting one as well as sleeping bags.

You must have a plan handy for when your family is forced out of your home.

Essential Tools

- **Swiss army knife**

This device is very handy in emergency situations so make sure that you have at least one stored up.

- **An axe**

This reliable tool will be your friend when everything hits the fan and you need to keep warm. An axe will help you gather firewood and can even double as a weapon for self defense.

- **Matches or lighters**

You need something to start a fire with for cooking food, boiling water and keeping warm.

Start storing matches and lighters so you won't have to resort to primitive methods when catastrophe strikes and you need to start a fire. While you're at it, you should also throw in candles because these are going to be handy when the electricity's out.

- **Flashlights**

These are handy for when the power goes out unexpectedly or when you need to go somewhere when it's dark.

Start storing up on batteries if you have a battery-powered unit or invest in a solar-powered flashlight. This will be ideal for long term emergency.

Communication

- **A Radio**

You need to keep up with what's going on in and out of your locality in order to plan your next moves accordingly. A battery powered radio will be handy for the purpose of keeping up with the news.

Investing on a solar-powered radio will be practical because you'll be able to use it longer while a battery powered one will only be handy as long as the batteries last.

- **Communication tools**

Having a communication equipment handy like an emergency cell phone can keep you in touch with other family members or relatives. It can also help you contact authorities in case of emergency. However, when things really hit the fan, mobile communication might be down as well as the Internet.

You need to have a plan to keep you in touch with other loved ones who may not be in your near vicinity during a time of crisis.

Other Things You Need

- **Fuel**

In the time of economic collapse, fuel or gas is among the commodities that will go first. You might need to get your family around or flee fast but if you don't have gas in your car, how will you do that?

Be sure you have extra gasoline safely stored where you can access it when the need arises.

- **A compass**

You need this if you have to be on the move and you're in a wilderness area. Have one compass stored up because when the time comes to be on the move, you don't want to be lost and use up your energy, food supply or fuel trying to get back on the right track.

- **A hiking backpack**

Have a survival bag for every member of your family. These bags will be handy for when you need to 'bug out' as you'll have a way to carry your survival supplies in.

Having hiking backpacks always at the ready will keep you and your family prepared in case you need to suddenly move and be on the go. Backpacks are better than other

types of bags because they are easier to carry when you have to travel on foot and frees your hands.

- **A sewing kit**

You will need something to repair ripped clothes or bags so it's also essential to have a sewing kit handy.

The items above are the basic things you will need to help your family survive a crisis. If you don't have any of these stored up yet, then now is the best time to start building your survival store.

Don't wait too long because if you do, you might just suddenly realize that there is no time to prepare, only to cope. And how will you cope if you don't have anything to cope with? No food and water supply, no fuel, no medicines, no nothing?

Keep in mind that the safety of your family comes first and not how other people will regard your survivalist mentality. When the crisis hits and the country is plunged into another Great Depression, those people who were laughing at first will make up most of the panicking mob that will be taking over the street. And you and your family will be safe.

A Backup Plan

It's good to be prepared for an impending economic crisis but having a back plan is better.

In times of disasters, situations don't always unfold as we imagined. This is why you need to have a backup plan.

Build a food storage in your home or even make it virtually impregnable to intruders but what if you have to leave? What will you do then? What's plan B?

Remember that in an economic crisis, you cannot rely on the government so always have an alternate plan so that when the first plan does not work out, you have another that can tide your family over.

Chapter 5 | Rebuilding

At the onset of the catastrophic event, when most people are in a state of panic and lawlessness, it is dangerous to be caught in a crowd.

A violent mob is more likely to form in urban or crowded areas so you have to make it part of your plan to have a place to run to that is not populated by a lot of people. This will minimize the chance that your family and your stock of food and survival supplies is targeted by desperate people.

It won't be wise to rely entirely on your weapons because remember that your attackers will likely to be armed as well.

During the post-event period however, it'll be safer to be in a large group of people. Throughout history, nations survived major catastrophes by rebuilding communities. It is only right then that in order to revert back to a normal life, the community must be rebuilt.

It will be best to sow the seeds of the future community by reaching out to like-minded and non-violent people.

Reforming communities is essential for the purpose of security. There's always safety in numbers. Also, with an inter-dependent community, ideas are shared for the improvement of lives.

A community that shares also increases the survival chance of the members. After the economy collapses, money won't be of no use for a while. Barter will be the mode of exchange. If you have something some members of your community need, you can exchange these for items that your family will find useful.

It'll be easier to produce food and locate safe and reliable water supply when with a community.

Conclusion

The signs of difficult times ahead are everywhere and you either choose to ignore these and get on with your daily life or you acknowledge them and start preparing.

Prepare by securing your assets and building a storage for food, water and other survival items as stated on this report.

Keep your family safe by having weapons handy but still try to stay away from crowds if you can. After the initial effects of the event and you sense that people are regaining their senses, reach out to a group and form a community.

Remember that when a huge catastrophe occurs and the economy crumbles, you and your family can either become victims or survivors.

So what will it be?

You can increase your family's probability of survival in case of any disaster or crisis by being prepared and what's the best time to start preparing if not right now?

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